

Additional Resources (No affiliate links)

Version: June 21, 2022

Additional versions added as you send your suggested links.

At the time of publishing this document, all links were live & correct!

Map of Mountains

<https://www.visualcapitalist.com/historical-infographic-map-compares-worlds-mountains-rivers/>

Biomimicry

<https://youtu.be/dhMQVciwYyk>

Green Planet Initiative 2050

<https://gpi2050.org/>

<https://ryvias.com/storybook/festus-kiplagat-and-gpi2050/>

Forest Walking

<https://www.amazon.ca/Walking-Woods-Journey-Discovery-Through/dp/1771643315>

How the 52-Hike Challenge helped carry on a family tradition of 'love moments' in nature

<https://www.childrenandnature.org/resources/how-the-52-hike-challenge-helped-carry-on-a-family-tradition-of-love-moments-in-nature/>

FOREST Scavenger Hunt - can you find something in your urban forest park that starts with the letters of FOREST. Of what you find - take a picture - draw it - write about it - and, submit your creation through dinneroptimistyc@gmail.com to include in the next Growing Optimism flip magazine//eBook

— Be Kind Leave What you Find

<https://treecanada.ca/resources/canadian-urban-forest-compendium/3-benefits-of-urban-forests/>

[https://www.mcmasteroptimalaging.org/blog/detail/blog/2021/02/24/trees-in-the-city-the-roots-of-health-and-well-being#:~:text=However%2C%20exposure%20to%20trees%20in,associated%20with%20multiple%20health%20benefits.&text=Urban%20trees%2C%200by%20removing%20a,and%20asthma%2C%20etc.\).](https://www.mcmasteroptimalaging.org/blog/detail/blog/2021/02/24/trees-in-the-city-the-roots-of-health-and-well-being#:~:text=However%2C%20exposure%20to%20trees%20in,associated%20with%20multiple%20health%20benefits.&text=Urban%20trees%2C%200by%20removing%20a,and%20asthma%2C%20etc.).)

Rewilding Projects using a community approach - purchase land

<https://www.theguardian.com/commentisfree/2022/may/28/rewilding-greenwash-land-schemes>

Growing Optimism June 2022

<https://www.ulva.scot/>

<https://www.langholminitiative.org.uk/>

Pachamama Alliance

<https://pachamama.org/>

National Geographic - Visiting a National Park in Spain

<https://www.nationalgeographic.com/travel/article/trade-barcelona-crowds-for-catalonia-only-national-park>